

ENRICHMENT

Please Register for Programs (517) 788-4364

Cards and Crafts

Instructor: Linda McKay

Linda will teach you how to make beautiful, homemade *cards and crafts* using fancy paper and rubber stamps. This class is for everyone and is always fun! These wonderful cards can be .

**Date: 1st & 3rd Wednesdays;
March 1st & 15th and April 5th & 19th**
Time: 10:00 AM
Location: Crouch Senior Center
Cost: \$3.00 per class to cover supplies.



Writing Club *Write Your Life*

Have you ever thought of writing your life story? Join us as an instructor explains how to organize your thoughts and paperwork so you can begin writing your autobiography, one short story at a time.

**Date: 1st and 3rd Tuesdays,
March 21st and April 4th**
**March 7th & April 18th—
CLOSED**

Time: 1:00 - 3:00
Location: Crouch Senior Center

The Write Your Life Writing Club meets on the first and third Tuesdays of the month.



FOOT CARE CLINIC

Louis White, DPM

Friday, April 21st
Crouch Senior Center

Appointments can be made by calling:
788-4364

Dr. White will be holding a podiatry clinic at the Crouch Senior Center on April 21st. He will trim toenails and also treat callouses, ingrown toenails, corns, bursitis, and painful joints. Most insurances can be billed. *Co-pays will be billed to patients after insurance companies pay.* If you do not have insurance, Dr. White can provide nail care and treat callouses for \$40.

Please Bring:

Insurance Cards
Driver's License or ID
Medication list
Allergy list



**New Folks
Are Always
Welcome**



COMPUTER LAB

Check it out!

Looking to practice those computer skills? This is the place for you! Meet in our computer lab, and feel free to either use one of the available computers or bring your own laptop or tablet.

Open M-F: **8am-4pm**



Questions? 788-4364

Please ask for Brie, our Enrichment Specialist

Volunteer Opportunity

Some of us who come to use the computer lab may need assistance in learning how to use different programs or even how to use our smartphone! Talk to Brie if you are interested in helping out in this way.

Wednesdays at the Crouch

Penny Bingo

1st and 3rd Wed. of the month 12:45 PM

Karaoke

4th Wednesday of the month, 12:45 PM

Penny Bingo at the Crouch

All you have to do is bring your own pennies to cover your card in lieu of tokens. Whoever bingos gets all of the pennies that have been played thus far, and then we start a new round!

**Date: Wednesdays, March 1st & 15th, and
April 5th & 19th**
Time: 12:45 PM
Location: Crouch Senior Center

Karaoke at the Crouch

Roger plays the backup music and you sing the words that appear onscreen. It's easier than you think. Check it out!

**Date: Wednesdays, March 22nd &
April 26th**
Time: 12:45 PM

Location:
Crouch Senior Center



Woodcarving Class

Learn the art of Woodcarving. This class is offered at two locations and times.

Crouch Senior Center
Tuesdays 1:00 PM

Spring Arbor Senior Center
**Mondays
at 10:00 AM**



CARDS

Crouch	Bridge Club	M/F	1:00 PM	Napoleon	Golf	T/TH	10:30 AM
	Euchre Tourney	TH	12:45 PM	Norvell	Silly Poker	M/W/F	10:00 AM
Michigan Center	Euchre	M/W/F	12:30 PM	Park Forest	Skip Bo	F	10:30 AM
				Spring Arbor	Euchre	M	1:00 PM

PHOTOGRAPHY DISCLAIMER: Jackson County Department on Aging uses pictures of events and participants to inform others about these opportunities. We will not use identification. If you do not want your picture taken, please tell our photographer.

SPECIAL ACCOMMODATION: When registering for an event, please notify Jackson County Department on Aging of any special accommodations needed.

DISCLAIMER: The opinions by presenters are their own and do not reflect the views of Jackson County Department on Aging or any agency sponsors.

NEWSLETTER FUNDING: Title III of the Older American Act by the Aging and Adult Services Agency and Region 2 Area Agency on Aging.